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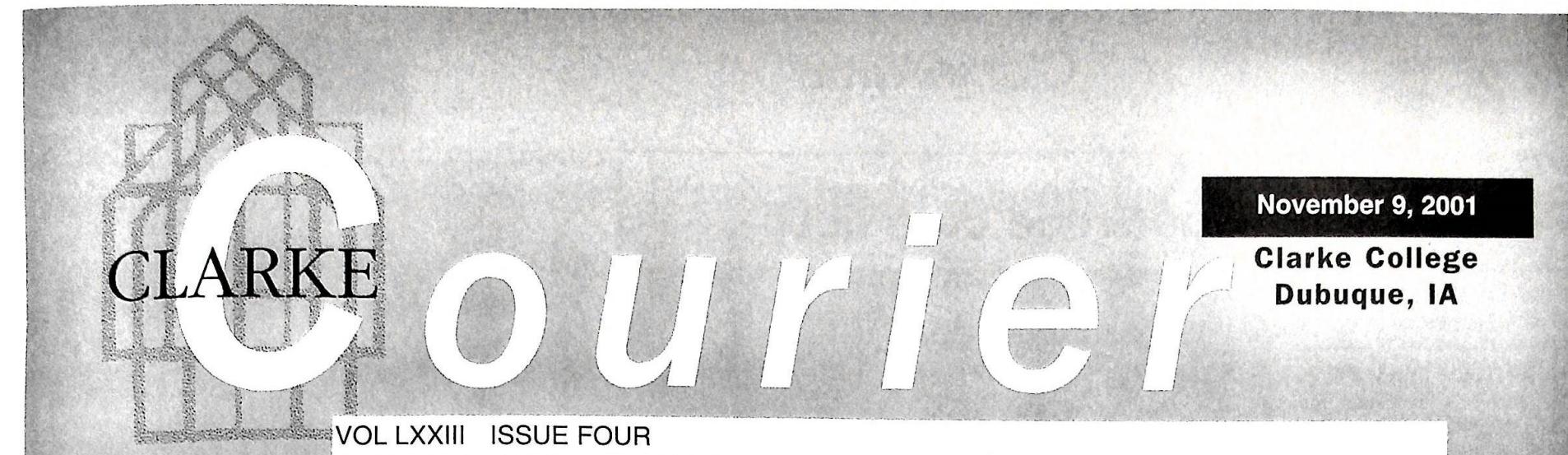
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find a job."

Even though the job market isn't ideal, it is important for seniors to keep their heads up and work hard to find that ideal job. Kestner notes, "but she says, 'and after some hard work, you can always one wishes for will be'."

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November 9, 2001

Clarke College
Dubuque, IA

Food Service Survey: Students choose SAC over cafeteria

By ROBERTO MARRERO
Staff Writer

What do students prefer: sitting down and enjoying a meal or have some food on the run? This is the question that the people in Clarke Food Services are basically asking us students so they can know how can they better serve us in the future and deal with the recent changes that they are facing this semester.

"Even though we expected a higher attendance in the Crusader Café, there has been a serious drop in attendance at the cafeteria," said Director of Food Services Matthew Ricketts. "The survey is to get a reaction from students, to get into their heads. We want to find out where do students prefer to eat the most, what they like about it, and why?"

Could it be that the food in the cafeteria is not to the preference of the students? "In the beginning we worried that that could be the problem, but after the survey, no," said Ricketts. Why is it that the students prefer to eat at the Crusader Café instead? "With the survey, we found out

that students are on the go.

They have no time to sit so they prefer to eat some food quickly and get going. Many students said that the Crusader Café fits their schedules better than the cafeteria and we understand that", said Assistant Director of Food Services, Bruce Anderson.

Does this mean that we are going

to see cuts in the cafeteria

because of this? "No, there are not going to be any cuts in the food program of the cafeteria. We are going to have the same selection, but only less quantity," said Ricketts.

How have students responded to the survey? "We have had very positive feedback from the students," said Ricketts. "We are

doing pretty well. It's all about trial and error and that is what we do to find out how to please

"With the survey we found out that students are on the go."

-Bruce Anderson

Continued on page 8...



Photo by Jessica Pusateri

More and more students are bypassing the cafeteria to grab a quick bite to eat in the Crusader Café.

Depression 101

You can do something to help

By KELLY WAGNER
Staff Writer

I had a bad day again." The popular "Fuel" song describes a typical bad day. However when someone is depressed, everyday can be a bad day.

Depression is more common than you may think. During a lifetime, about 5-12 percent of men and 10-25 percent of women will have at least one episode of a major depressive disorder.

A depressed mood that lasts for several days or weeks is a normal part of life and not usually a cause for concern because the symptoms are mild and short lived. These periods are usually related to stressful events and will diminish with positive life changes.

Depression may mean something different for each person,

but there are several signs that suggest a person has a problem. Depressed individuals begin to withdraw from their friends and activities. Daily activities become difficult, sometimes impossible. They may begin to neglect their appearance; they may cry frequently, sometimes for no reason. They may not sleep at all, or may start spending a large part of the day in bed.

There are also physical symptoms of depression. Depressed individuals often have headaches, digestive problems and numerous aches and pains. They may feel anxious and tense for no apparent reason.

Someone who experiences clinical depression will likely be experiencing substantial changes in their mood, thinking, behaviors, activities, and self-perceptions. A depressed individual may be very indecisive in day-to-day activities. A person may also

dwell on negative thoughts, focus on unpleasant experiences, describe herself as a failure, report that things are hopeless, and feel as though she is a burden to others. The mood changes frequently result in feelings of sadness, irritability, anger, emptiness, and anxiety.

"All the stress and grind of getting behind in work, not resolving issues in relationships, or whatever the problem may be, can begin to snowball and become bigger if not taken care of," says Lori Murphy-Freebolin, director of Clarke Counseling Center. A severe or long-term depression may result in thoughts of death and even suicide.

If you think you are falling into a depressive lifestyle, you can help yourself by identifying the emotional, psychological, and behavioral difficulties you have been

continued on page 6...

Symptoms of Depression

- A significantly depressed mood or general absence of mood
- Inability to experience pleasure or feel interest in daily life
- Inexplicable crying spells, sadness, and irritability
- Insomnia or hypersomnia nearly every day
- A substantial change in appetite, eating patterns or weight
- Difficulty making decisions
- Feelings of hopelessness or worthlessness
- Inappropriate feelings of guilt or self-criticism

How to Help a Depressed Friend

- Be empathetic and understanding
- Don't try to "cheer up" a depressed person
- Don't insist that depression and sadness are the wrong feelings to be experiencing
- Don't become angry, even though your efforts may be resisted or rejected
- Advocate for their recovery from depression
- Seek consultation if a depressed friend refuses necessary treatment
- Suggest a walk over to the Counseling Center with them

Where in the world is Cokie Roberts?

By TERESA MEYER
Staff Writer

Where in the World is Cokie Roberts? First, Convocation was cancelled. Then it was rescheduled. Now it is not even scheduled for this year. Instead of relying on the Clarke rumor mill, get your facts straight by consulting the *Courier*.

Cokie Roberts was unable to come to the 2001 Convocation in September because of a family emergency. Hopes for rescheduling the presentation of the Nancy Dickerson Whitehead Medallion to Roberts came to a halt after the events of September 11.

Roberts, ABC News chief congressional analyst and co-anchor of "This Week with Sam Donaldson and Cokie Roberts," has important duties in Washington, reporting on the national tragedy. In addition, air travel is more time consuming and strenuous than it used to be, making it harder for Roberts to get to Dubuque.

Clarke will present the Nancy Dickerson Whitehead Medallion to Roberts next year at the 2002 Convocation on Thursday, September 5.

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Hearing from the Dubuque nuns in jail

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Check out the Courier on the web at www.clarke.edu/courier

November 9, 2001

Clarke News

3

Franciscan sisters spend 6 months in prison for peaceful protest

By TERESA MEYER
Staff Writer

Picture your grandmother. Now picture your grandmother in prison. It is hard to imagine, isn't it?

In July, two Dubuque-area Franciscan nuns, Sr. Dorothy Hennessy, 88, and Sr. Gwen Hennessy, 68, were arrested for protesting at the School of Americas in Ft. Benning, Georgia. The sisters were protesting the brutal military training and violent combat procedures taught at the federal military facility.

Born and raised on an Iowa farm with 11 brothers and sisters, Sr. Gwen and Sr. Dorothy come from a family devoted to the cause for peace and justice. When their brother, Fr. Ron Hennessy, was a missionary priest in Central America he saw atrocities committed in Guatemala and El Salvador by those trained in the School of Americas.

The murder of Archbishop Oscar Romero in 1980 and the murder of six Jesuit priests in 1989, along with many other acts of violence in Central America, are attributed to military personnel trained in violence. The United Nations released a list of suspects, including 20 who were trained at the School of Americas.

Sr. Gwen and Sr. Dorothy took action, organizing a mock funeral for the Jesuit priests in 1997,

the anniversary of their death. They conducted the funeral on the School of America's property. The school issued a ban on all those involved, charging them with trespassing and barring them from returning to the base.

The sisters remained dedicated to the cause and returned in 2000 with 3,500 protesters, reenacting the funeral procession. This time, Sr. Gwen and Sr. Dorothy were arrested, along with 24 other second-time offenders. "The School of Americas 26," or "SOA 26," as they came to be known, were charged with violating the law by

conducting a political rally on private military property.

Undaunted, the sisters refused a lesser punishment and were sentenced to six months in prison. On July 17, 2001, Sr. Gwen and Sr. Dorothy entered the female federal prison in Pekin, Illinois and gained new identities: inmate numbers 90287-020 and 90288-020. The impersonal inmate numbers did not allow the sisters to be lost in the crowd,

however. The two tiny white-haired nuns created quite a commotion as they entered Pekin prison, sentenced for peaceful protesting.

"There's a suspicion that we might be planning to start some kind of 'riot.' But after a while, the prison officials get convinced of our nonviolence, we think they'll just find us boring!" wrote Sr. Dorothy about her first day in prison.

The days, weeks and months pass by, as Sr. Gwen and Sr. Dorothy grow closer to their release date in January 2002. The

Sister Gwen and Sister Dorothy Hennessy protest the School of Americas.

"We forgot for a while that we were in prison!"

Switchboard's Mary Ellen Herbst

Getting to know 'Everybody's Mom'

By ROBERTO MARRERO
Staff Writer

Students at Clarke know her and see her as their mom away from home. Every day we walk through the Atrium we see her with a happy face and a smile, greeting visitors and putting on her glasses every time she looks for a phone number in response to the many calls she answers during the day.

This is our switchboard receptionist Mary Ellen Herbst; but how much do we really know about her and how does she feel about being called 'Everybody's Mom' by many students here at Clarke?

Mary Ellen is a mother of three children, two boys and one girl. She already has an empty nest, and being around college students feels like being around her own.

"I'm a mom whose children are already gone. It seems that for a 'Baby Boomer' like me, it was meant for me to be here around

college students who I genuinely care about. And if I can help them anytime, even if it's just by listening, that makes me feel great," she says. This does not mean she has an empty house all the time, though, "My daughter visits me every weekend since she is the one that lives the closest, but my boys visit only every now and then".

It has almost been seven years since Mary Ellen began working at the switchboard. How does she

"It feels good if I can take that smile and give it to someone else to change their day for the better."

feel about being called 'Everybody's Mom'?

"It is a wonderful compliment that makes my job more enjoyable," she says. Students feel this way because not only is she there when you go and come back

from class, when you check your voice mail at her desk, or when you decide to go to the Kehl Center from the Atrium, but because she is there with her smile and charming personality the very first day you arrive at Clarke.

Most people do not look forward to going to work, but Mary Ellen does not think that way. "My job does not feel like a routine. I never have that feeling of not wanting to come to work. I love my job, because of the atmosphere. People here are wonderful and students make my job worthwhile", she says.

"It's all about the students. If I can do something or say something to make students feel better or simply just make them have a better day, it makes me feel good. Students are there for me also. Sometimes when I'm not having a great day and somebody says something to make me laugh or someone gives me a smile, I feel better. And it feels good if I can take that smile and give it to someone else to change their day for the better. That's a great feeling", she adds.

This is the Mary Ellen we see everyday at work, but what does she do when she is not answering

phone calls at switchboard?

"Everyone that knows me knows that I love walking and

Photo by Heather Meyer

Atrium receptionist Mary Ellen Herbst greets everyone with a smile.

Continued on page 8...



Arts & Entertainment



Jazzin' it up

By MEGAN E. GLOSS
Arts & Entertainment Editor

Hancock, Parker, Davis, Armstrong, Gillespie, Coltrane, Ella, and Billie: all family members of the musical genre known as jazz. Well, add the Clarke jazz ensembles to the list!

October 25 the ensembles, under the direction of Clarke music instructor David Resnick, presented a live concert at Duke's Place (as in Duke Ellington), a locally owned night club specializing in jazz, blues, Dixieland, and swing music filled with everything jazz. From posters to

vinyl recordings, instruments, and music conversation, the club features live performances on selected nights from local, regional, and national talents.

The Clarke concert featured a plethora of crooning talent including performances by Clarke graduate Gwen Manternach, sophomores Sarah Noel and Katy Rose Resnick, and junior Angie Watters. The concert also featured a sax quartet including sophomore Phil Petrie, sophomore Amy Dolphin, junior Jake Tebbe, music instructor David Resnick, and Dan Cosley assisting on bass guitar.

Amongst the performances, the

concert also showcased the debut of a small Clarke jazz ensemble known as "The Usual Suspects," featuring Michael Frain, Dan Cosley, Phil Petrie, and Josh Withington with guest vocalist Megan Gloss.

Clarke jazz events of old have normally been performed in Jansen Music Hall, but David Resnick, who directs the jazz ensembles, said he wanted the students to experience performing in a real jazz club.

"There is something different in the quality of music when playing in a club that is designed specifically for the music being made; to enjoy the musicians' artistry, applauding their efforts, while socializing and listening at the same time," says Resnick. "The atmosphere is more relaxed, fun-loving, social, and the music is brought to the fans rather than drawing the fans to Clarke. It makes the performance more of a gig than a concert."

Freshman music major Michael Frain is an experienced jazz pianist who, along with his solo piano playing that evening, also treated the crowd to a vocal-scat performance with the big band.

Frain saw the event as being a positive one for the ensembles and himself. "I felt right at home," says Frain, who, along with the rest of "The Usual Suspects" combo was invited to

come back to play. "The more I perform jazz, the better I will get," Frain says.

While Frain is no stranger to performing in a jazz setting, the concert at Duke's Place was his first opportunity to play with a big band. "It was the first time I had ever performed jazz where the proportions were of such a large magnitude," says Frain. "It

"There is something different in the quality of music when playing in a club that is designed specifically for the music being made."

-David Resnick
Instructor of Music

goes without saying that I would do this again."

Frain adds that this experience also enhanced other's jazz playing abilities as well.

"It gave the students an opportunity to perform in a real pro-style setting," says Frain. "It gave a glimpse of what it's really like in the jazz world."

David Resnick hopes to schedule another gig at Duke's Place near the end of the semester, possibly early December before final exams.

Congratulations

to all of those who participated in

NATS Regional Vocal Competition

November 3 & 4
Collins Plaza Hotel
Cedar Rapids

Sophomore Division

James Enzler
Anna Ketterhagen
*Nicole Merritt

Junior Division

Chris Portzen
Jake Tebbe
Angie Watters

Senior Division

Megan Gloss

National Association of
Teacher's Singing

*Honorable Mention

Hmmm. . .Brainstorming

By DANIELLE JACKSON
Staff Writer

It is not just the process of coming up with ideas; it is the process of coming up with great ideas. And the exhibit, the calm before the BRAINSTORM, is a great idea.

The brain behind the storm in the Quigley Gallery was McCullough Creative Group. McCullough Group representative Bob Neumann was the middleman between McCullough and Clarke graphic design instructor Al Grivetti.

"Al came to McCullough asking for an exhibit. I presented the challenge to the designers, and in less than two hours, we had an educational exhibit that would not only showcase our work, but would give students a better understanding of graphic design."

Future graphic designer Lisa Hendershott was simply amazed to find out about McCullough Creative group. "It was comfort-

ing to know that graphic design places exist in Dubuque," she said.

The exhibit includes work McCullough created for clients. It also presents challenges for the audience themselves to try their hand at graphic design.

Graphic design major Aaron Bigelow found the exhibit beneficial. "It provided a glimpse into my future and what the market is like. The challenges gave me a chance to do what designers do."

It is safe to say that McCullough Creative Group successfully triumphed over their challenge. But did students overcome theirs? How about people lacking any art skills?

Since the challenges only offer opportunities to think like a graphic designer, it does not matter. McCullough Creative Group created three exercises specifically for Clarke.

Another glass of guffaws, please

By HEATHER MEYER
Co-Editor

Next weekend Terence Donaghoe Hall will be host to an evening of drinks and laughter to which everyone is invited. *The Cocktail Hour*, by A. R. Gurney, is the drama department's second production of the season will be performed November 15, 16, 17, and 18 at 8 p.m.

The play, directed by Carol Blitgen, BVM, centers around John's (played by senior drama major Mike Delp) return home to get permission to produce a play. Not just any play but a play about his family—one remarkably similar to the one taking place on the TDH stage. Drama Department Chair David Kortemeier plays Bradley; John's disapproving father, and guest artist Andrea Bednar is Ann, John's mother. Sophomore drama/psychology major Leane Vandrovec plays their daughter, the seeing-eye dog obsessed Nina.

"I feel the show depicts real family relationships. I think

everyone can relate to the script in some aspect," said Leane Vandrovec.

Mike Delp said, "This role is a challenge because it requires much more offstage work than any other role I have done. Most roles have a clear-cut direction in which the character wants to go, but with this role, John, it is an interesting, twisting journey."

Junior Jed Thompson, stage manager of the production said, "I think the set is beautiful, especially the railing; it is very sturdy and there is definitely nothing that reminds me of the SAC." The set, complete with a golden chandelier, giant windows and a floor found only in *Better Homes and Gardens*, displays the elegant lifestyle of the characters.

"The railing is my favorite part. It took Jed and I a whole weekend to build. It is very, very strong, 'nuff said," said Mike Delp.

What more could be asked for? A million dollars, or instead, perhaps, a good old-fashioned cocktail hour with Terence Donaghoe.



Nov 9, 2000
Live
With
Todd
By TODD HITTON MILLER
Staff Writer
The sports world has given us a world of twists and turns in the past few weeks. Many surprises have happened, which makes watching sports a whole lot better. First, let's talk about the New York Yankees. The Yankees failed to game seven with only two outs in the fourth straight title. I'm the ninth out of ten person you talk to who would have picked the Yankees over the Diamondbacks in the series. I don't blame them in the series. The Yankees have won the last four out of five championships and looked very strong going into this year's Series against the Seattle Mariners. So what happened? Is it possible that the Yankees choked? If you look at the numbers, the Diamondbacks dominated almost every aspect of the series. They had a team batting average of .265, compared to the Yankees' .183. Arizona scored 37 runs compared to 14 by the Yankees and had 23 more hits in the series than New York. So really no surprise Diamondbacks are the world champions. What surprises is how lucky the Yankees are at that the series went to seven games. No disrespect to New York; they got the runs when counted by winning games in extra innings. Both teams played great baseball and it was a great Series to watch. The World Series had its best television ratings in ten years. Another big surprise in the sports world is the bad news Chicago Bears. What the hell is going on! The Bears are 6-1 and have won their last two games on the same team in two straight weeks. It must be destiny this year for the Bears, who after losing their starting quarterback, Jim Miller, have still found a way to win. It is great for the Bears to finally have a football team to root for. The Bears are just now finding out if Mike Ditka would be better than the Super Bowl. We will find out next week when they face the Bears at Soldier Field. Good luck to the Bears.

If you are interested in writing a column or have any ideas, please contact me at heather.meyer@clarke.edu.

Live With Todd

By TODD HITTENMILLER
Staff Writer

The sports world has given us a couple twists and turns in the past few weeks. Many surprises have happened, which makes watching sports a whole lot better. First, let's talk about the World Series. The mighty New York Yankees failed in game seven with only two outs to go and failed to win their fourth straight title. I'm that ninth out of ten person you talk to who would have picked the Yankees over the Diamondbacks in the series. I don't blame them. The Yankees have won the last four out of five championships and looked very strong going into this year's Series after defeating the league-leading Seattle Mariners. So what happened? Is it possible that the Yankees choked? If you look at the numbers, the Diamondbacks dominated almost every aspect of the series. They had a team batting average of .265, compared to the Yankees dismal .183. Arizona scored 37 runs compared to 14 by the Yankees and had 23 more hits in the series than New York. So it's really no surprise the Diamondbacks are the world champions. What surprises me is how lucky the Yankees are and that the series went to seven games. No disrespect to New York; they got the runs when it counted by winning games in extra innings. Both teams played great baseball and it was a great Series to watch. The World Series had it's best television ratings in ten years.

Another big surprise in the sports world is the bad news Chicago Bears. What the hell is going on! The Bears are 6-1 and have won their last two games on miracle plays which are the craziest plays I've ever seen happen to the same team in two straight weeks. It must be destiny this year for the Bears, who after losing their starting quarterback, Jim Miller, have still found a way to win with back up Shane Matthews. It is great for Chicago fans to finally have a football team to root for. The only thing that could be better is if Mike Ditka would somehow get hired and lead the Bears to the Super Bowl. We will find out next week just how lucky the Bears are when they face the Pack at Soldier field. Good luck to the Bears.

If you are interested in writing a column or have any ideas for the sports page please contact Jimmy Coulas at jcoulas@clarke.edu.

Men's Golf

By TODD HITTENMILLER
Staff Writer

The Clarke men's Golf team finished up its season on October 8th as they competed in the Clarke Oktober Fest Tour at Thunder Hills golf course in Peosta. The team finished fifth in the tournament, which had many of the leading golf programs represented.

Ken Retzel led the Crusaders in the tournament by shooting a 162. Senior Kevin Hagen followed Retzel with a 166.

"We played well but I thought we could have done a bit better," said sophomore Brad Perry. "We improved a lot since the beginning of the year and should have a great chance at winning the conference in the spring."

"We played well, but I thought we could have done a bit better."

-Brad Perry

The Crusaders are only half done as the spring season still lies ahead. Hopefully they can bring home yet another conference championship.



Crusaders' goalkeeper Brian McDaniels makes a diving save.

Photo by: Jessica Pusateri

Men's Soccer has turnaround season

By JUAN NINO
Staff Writer

The soccer season came to an end on Tuesday October 30, when the Crusaders played host to Augustana College. Clarke gained an early lead, but was unable to maintain the lead and lost the match 6-2.

Although the record does not show it, the Crusaders had a breakthrough season. They finished the season with a record of 2-17-1.

Earlier in the season the team broke a 52-game losing streak

with its last win dating back three seasons. A new nucleus of players is intact and many of them are freshman and underclassmen.

Some of the highlights include the Crusaders' first victory in three years, a 3-1 victory over the University of Dubuque Spartans.

Clarke notched its second victory with a 3-2 win over North Central College.

The Crusaders had two All-Conference selections. They included senior captain Seth Foy and freshman defender Kris

Breyer. Three seniors finished their careers at Clark. They included Joseph Gustafson, Jimmy Coulas, and Seth Foy.

So what can we expect for the Crusader soccer program? It can only get better.

"It was good to see the team start to come together; hopefully with off-season training and recruiting we will be right in the fight for the conference title," said sophomore Tim Young.

The future is looking bright for the men's soccer team.

Cross country teams leave confidence in their trail

By JASON BETKE
Staff Writer

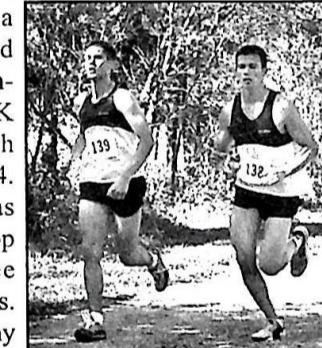
The men's and women's cross country teams left their mark on the conference tournament by placing well as a team and individually in Mequon, Wis.

The women's team ran hard to capture a second place finish in the 2001 Northern Illinois-Iowa Conference championship. Although rough weather conditions made the race harder to run, the Lady Crusaders only missed a first place finish by two points. "The conference race was cold and windy but we still ran hard which made it disappointing to miss first place by two points," said senior Kim Campbell. "I was still very proud of all of us

because we put our hearts into the race."

Sophomore Melinda Hammack led the team by finishing the 5K race second with a time of 21:04. Hammack was joined in the top ten by three other teammates. Senior Tammy Hoffer placed sixth with a time of 22:40, while sophomore Anna Ketterhagen and freshman Tiffany Bergfeld finished ninth and tenth with times of 23:10 and 23:12.

For the men, the culmination of the season was reached at conference when all five members



Crusader's Matt Wilden and Grant Stejskal

recorded times that were personal records. Senior Matt Wilden finished the 8K race 13th with a time of 32:16 to pace the crusaders. Wilden was followed by senior Grant Stejskal and junior Josh Sundstrom, who finished 14th and 15th with times of 32:22 and 32:51. Juniors Brad Miller and Sean Prescott finished 17th and 21st for the crusaders with times of 34:13 and 34:54.

"I think that since we ran this course earlier in the year, we were able to practice and train hard for the conference meet," said Miller.

Women's Tennis serves up ace with 5th straight championship

By JUAN NINO
Staff Writer

It doesn't get any better for the women's tennis team who just won their fifth straight conference title. Coach Arrington's Crusaders finished with 31 points to win the championship.

This was their fifth title in five years. After last season the Crusaders lost four seniors, so it was a challenge to bounce back and win another title.

"It was a good season, but it also was more of a challenge since we lost some of our players," said sophomore Jenni Christopher.

Christopher, who was named N.I.I.C. women's tennis player of the year, played number one singles for the Crusaders. She was also named to the All-Conference team for the second straight season.

Rebecca Shale and Lee Zandstra were also named to the All-Conference squad.

The Crusaders finished with an overall record of 11-3 and went 6-0 in conference. Freshman Christa Swift said, "For my first season it was pretty impressive, I hope we can continue the winning tradition." To top off the season coach Rick Arrington was named coach of the year.

Fan Cam



Photo by: Jessica Pusateri
Clarke fans Mike Delp, Jed Thompson and Ed Zeifert cheer on the 2001 Women's Volleyball Team

Women's Volleyball

By TODD HITTENMILLER
Staff Writer

The fall sports season has come to a close and both the women's volleyball team and the men's golf team have had fun and exciting seasons.

The Lady Crusaders volleyball had a bit of a rebuilding year this season and dealt with many challenges. The team finished 3-26 overall and 0-7 in the conference.

The girls really played their

hearts out though this season, as they had to deal with not having enough players to start out the year.

The team showed improvement as the year went on and should be strong next fall. Among the leaders for the Crusaders was Julie Stith, who led the team in attacks and sets. Along with Stith, Shannon Boatman had a strong season as she led the squad in blocks and kills.

Good luck to the ladies next year.

Clarke art students take on September 11

Will a thousand words ever be enough?

By LEXY SPENCER
Staff Writer

We've all heard the saying "A picture is worth a thousand words." Yet how many words would it take to adequately express all of the emotions felt about the tragic events of September 11?

Ceramics and drawing classes, under the direction of Carmelle Zserdin, BVM, and Doug Schlesier, have recently been invited to create a memorial or commemorative art interpretation that represents their inner feelings about the September 11 tragedy.

"This art project deals with an immediate and fearful reality. The tragedy has powerful feelings behind it—feelings that can be very difficult to put into words," says Zserdin, ceramics instructor and associate professor of art.

Many art students at Clarke have already put on canvas or created in sculpture an artistic interpretation of the tragic day. Senior art major Jason Scott created a series of intuitive pieces for his senior thesis. His realistic bronze sculptures of somewhat damaged high rises in the center of a crowded city

resemble those of New York City and the twin towers once found there; ironically, Jason created the pieces before September 11. His works demonstrate an eerie premonition of destruction.

"This piece is an obscure abstraction of my final project where I touch on issues on the fall of mankind through his building," said Jason.

Rhonda Bees, also an art major, created symbolic drawings on a paper American flag, specifically, the flag given out by the Dubuque *Telegraph Herald* and found everywhere in town.

Other students, such as Ali Velten and Danielle Jackson, used the television, a popular medium for news on September 11, to elaborate their interpretations and reactions to the tragedy.

Ali, for example, placed an American flag over the screen of the television to illustrate how she felt and still feels. "I was motivated by my initial disgust about everyone watching television instead of going out and doing something," she said.

The projects of select students in both Zserdin's and Schlesier's classes will have their artistic



One of Jason Scott's art pieces for his senior thesis done before the events of Sept. 11. Photo by Lexy Spencer

interpretations displayed in Clarke's library beginning today, November 9.

"We're creating a memorial to honor and remember—to help heal and to bookmark history,"

explains Zserdin. "Everyone will see something different."

It is possible that the works of the artists may help others identify emotions found within themselves. And if each artist creates

one "picture" and each picture is worth a thousand words, maybe, just maybe, we'll begin to describe the sentiments behind our feelings about that frightful day.

...continued from page 1
Depression

experiencing. You can evaluate how depression may have affected your life, relationships, finances, academics, etc.

You can talk to friends, family, or people involved with the problem for starters. "Getting the problem out in the open is the best way to help," says Murphy-Freebolin. "We are here for everybody. Nothing is too small or insignificant. If it's bothering you come over and we can talk about it."

"The Counseling Center specifically, can help you better understand your own patterns of interacting with others and time management style to help you maximize your own resources," says Murphy-Freebolin.

"People with stronger support networks and effective time management approaches report a greater sense of well-being. Having a positive self-image and good self-esteem can greatly assist your decision-making process and enhance your sense of comfort."

The Counseling Center has a strict policy about confidentiality. Information regarding counseling sessions will not be released to anyone without the student's written permission.

If you know someone who has, or you yourself have, signs of depression, you can contact the Clarke Counseling Center at 588-6571 or stop by their office on the lower level Mary Frances Hall.

Studying Abroad: Safe or Unsafe?

By KELCEY DILLON
Staff Writer

The decision students make on studying abroad should be based on what their families think and it should be an informed decision, not one determined by lack of information or fear," said Clarke study abroad advisor and Spanish professor Graciela Caniero-Livingston. She said when deciding whether or not to study abroad students should take into consideration the issues around the world, especially in light of Sept. 11.

Before Sept. 11 Graciela said students inquiring about studying abroad would come to her office daily. No new students have asked about studying abroad since the tragedy.

"I think students are trying to determine what is going to happen and are waiting for answers from the government, but there are no answers so far," said Graciela.

Clarke sophomore Katie Bahl said, "I was interested in studying in Italy or Kenya. When I started to apply, my parents were really concerned, especially because of the US/Afghanistan conflict. They really wanted me to wait a year until things calm

down. So I decided not to go right now."

On the other hand, Clarke sophomore Alexa Spencer still plans on studying in Spain next semester. "I think it will be safer to travel now because airport security is under such tight control," Alexa said.

Not all places are currently unsafe and some places may be safer than the U.S. because of their former experience with terrorism. "Some students are going to countries that have been dealing with terrorism for a long time. So in a way these countries are more prepared than the U.S. in dealing with it," said Graciela. Regardless of where students go, they should be well aware of their surroundings and be informed she added.

Graciela said she is in regular contact with State Department warnings and in touch with the study abroad department of NAFSA, an international educators association. "I would recommend that students use common sense when deciding where to go, and once they get to their destination, they should also be very aware of what is going on in the world. They should watch the news and be in contact with the nearest American embassy or consulate," Graciela said.

Clarke Women Give NIIC Tournament a good kickin'

By JASON BETKE
Sports Writer

The Clarke College women's soccer team wrapped up its season by defeating Dominican University 2-0 in the 2001 Northern Illinois-Iowa Conference Soccer Championship on October 28. The victory over Dominican University capped off a five-game winning streak and left the Lady Crusaders at 10-9-2 overall for the season.

A positive attitude on the field helped increase the determination and hard work given by each player, which ultimately led to a conference championship. "I enjoyed playing with everyone on the team because we all worked hard," said sophomore Elaina Lee.

"All the work at practices and games turned into success and made me realize why I love soccer." -Elaina Lee

"To see all the work that everyone did at practices and games turn into success at the end of the season made me realize why I love soccer."

While the team earned a conference championship, six players were honored for their individual work on the field. Senior Jenny Berg, junior Dana Fierce, sophomore Elaina Lee and freshmen

Pam Bassler and Mary Beth Meisinger were named to the women's all-conference team. For Berg, this was her fourth all-conference selection. Senior goalkeeper

Emily Ferguson was an honorable mention all-conference pick. Head coach Pat Herbst was also voted the N.I.I.C. Women's coach of the year.

"I'm happy that he got coach of the year," said Carissa Foley. "He deserved it; he's patient with all his players and has a good knowledge of the game."

Third-seeded Clarke College defeated second-seeded Benedictine University 2-1 after three overtimes in their first game of the conference tournament.

Providing offense for the Crusaders were goals scored by Berg and Meisinger, while in the net Ferguson had 10 saves. The championship match was played on a bright sunny day that was perfect for a soccer game.

In the end, the Crusaders were victorious against Dominican 2-0. Bassler scored the first goal at 19:11 on an assist from Foley. Foley would later score the go ahead goal at 28:44 off an assist from Berg.

Although the graduation of seniors Berg, Ferguson and Anguish will raise some questions about offense and defense next season, this season's young squad will return next fall as an experienced team ready to defend its title.

Comparing Harbor and

By TONY FRENZEL
Staff Writer

The earliest comparison of September 11 were related to Pearl Harbor, the event that pulled America into World War II. The fact is that they were two very different situations and therefore, warrant different treatment. World War II had been going on for at least two years prior to the bombing, and the United States had been involved in the struggle prior to it. The comparison to Pearl Harbor is misleading in many big ways," says Anderson. "One of the reasons that September 11 caught Americans off guard is because they've been deliberately ignorant about what's going on with the rest of the world. The other reason is that Pearl Harbor was an attack on a removed, conscious people, which is very different from the terrorist attack that happened on the war on terror.

November 9, 2001

On Other Campuses

By LISA KOTZ
Staff Writer

It's a swastika but is it art?

A 15-foot-high swastika made of oiled, skin-like paper covered with hundreds of tiny drawings of skulls recently sparked debate at the Columbus College of Art and Design in Columbus, Ohio. The artist/professor who created it did not intend to create such controversy; its intended message was to convey the evils of the Nazi era. The Jewish Defense League says that the artwork is offensive to Jews. The piece entitled "Swastika" is a part of the faculty exhibit at the college.

Goodbye to Watergate Site

In a time when nothing seems sacred anymore, George Washington University has decided to add one more thing to the list. The school, which in 1999 purchased the former Howard Johnson Hotel in which President Nixon's re-election team attempted to burglarize the Democratic Party's national headquarters, has turned the hotel in to a dorm. Officials had promised to preserve Room 723

as it was found — full of pictures, newspaper clippings, and letters related to the Watergate scandal. "Prospective students visiting GW can spend the night in Room 723 rich with Watergate memorabilia and scope our GW from a breathtaking vantage point," promised promotional materials. Because of a campus housing crunch room 723 has been cleared to make room for three new dormitory beds. School officials have said there was not anything of value in the room that cannot be found elsewhere.

The Good, The Bad and the Ugly

"Eucalyptus" exemplifies the mellifluous as do "salamander" "romance," "melodious," "Chevrolet," and "swizzle." Others are not so pretty sounding: "chunk," "cheese," "nougat," "spit," "Spam," "frankfurter," and "phagocytosis."

Or so says Robert E. Wolverton, a classics professor at the University of Mississippi who has compiled a list of 431 of the prettiest words and 450 of the ugliest words in the English language. Seventy students made the picks in his Latin classes based on sound, not meaning. Others that topped the pretty list

were "angelic," "peace," "Mississippi," and "cacophony," while the ugly list included "Arkansas" and "liberal."

It's Deathball but No Eye-Gouging and Punching Allowed

A new sport has been named to the list of official club sports at the University of Georgia-Deathball. On paper the University calls it "full contact dodgeball." The game is basically a combination of 5 player football with red rubber balls slightly smaller than basketballs. The game ends just like dodgeball, when one player is left standing. But here is the Deathball part: if at least one teammate remains in the game, players who have been eliminated can try to re-enter. Opposing players are allowed to use any physical means necessary (except the eye-gouging and punching) to keep the players from getting back on the field.

James Miller, a religion major, says he created the sport with the help of a few friends after watching an episode of "South Park."

He has received several inquiries from other schools about starting their own Deathball league.

--Chronicle of Higher Education

one will
one "picture" and each picture
worth a thousand words, may
just maybe, we'll begin to desc
the sentiments behind our feelings
about that frightful day.

...continued from page 1
Depression

experiencing. You can evaluate how depression may have affected your life, relationships, finances, academics, etc.

You can talk to friends, family or people involved with the problem for starters. "Getting the problem out in the open is the best way to help," says Murphy-Freebolin. "We are here for everybody. Nothing is too small or insignificant. If it's bothering you come over and we can talk about it."

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"People with stronger support networks and effective time management approaches report a greater sense of well-being."

Having a positive self-image can assist your decision-making process and enhance your sense of comfort."

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If you know someone who is depressed, you yourself have signs of depression, you can contact 588-6571 or stop by their office on the lower level Mary Foye

Comparing September 11 to Pearl Harbor and the Vietnam War

By TONY FRENZEL
Staff Writer

The earliest comparisons of September 11 were related to Pearl Harbor, the event that pulled America into World War II. The fact is that they were two very different situations and, therefore, warrant different treatment.

World War II had been going on for at least two years prior to the bombing, and the United States had been involved in the struggle prior to it.

"The comparison to Pearl Harbor is misleading and inaccurate in many big ways," says Clarke history professor Mike Anderson. "One of the reasons that September 11 caught Americans off guard is because they've been deliberately ignorant about what's going on with the rest of the world. The other difference is that Pearl Harbor was an attack on a military installation far removed from most people's daily consciousness, which is very different than this terrorist attack."

Another major fear that has come out of the war on terror-

ism is the possibility of increasing hate crimes and racial prejudice against Arabs or even people that resemble Arabs.

"These wars also stir up senseless racial hatred," Anderson said. "Since September 11 there was an incident where a man from India was killed in Texas because he looked Arab. Similarly, in the days after Pearl Harbor there were attacks against Asian Americans."

Once again the closest correlation to this in American history

"The comparison to Pearl Harbor is misleading and inaccurate."

-Mike Anderson

comes from World War II. Fortunately we, as a country, have grown and learned from the mistakes in detaining Asian Americans after our entry into World War II, but that doesn't preclude the possibility of random hate crimes.

Another war that helped in setting precedents was the Vietnam War. Perhaps one of the most defining features of Vietnam was the way that it split the country along the lines of war supporters and non-supporters. Luckily, the country hasn't come to be so

divided during this conflict and that, in part, may be due to what we've learned from the past. Perhaps the closest similarity between Vietnam and the present war is the fact that we can't really see the enemy.

Judith Biggin, professor of history, explained, "Vietnam was a guerrilla-type warfare, you didn't see your enemy. In many cases terrorists are enemies you just can't see and I think they're finding out more and more. It's something we're not used to fighting."

In the end, the only conclusion that can be made about America's war on terrorism is that it is without precedent.

"I'm not even sure it's useful to characterize the war on terrorism as a war in a traditional sense. The U.S. has decided to respond by using the conventional weapons of a war but I think there are a lot of dissimilarities," said Anderson. In fact, the military policy that has been pursued so far is one similar to that of Desert Storm; the use of air superiority and bombing. This is the basic military strategy that has been used throughout the post-Cold

Continued on page 8...

The new wave of game systems

By TONY FRENZEL
Staff Writer

The biggest debate taking place in the world of gaming right now is the face off between Microsoft's X-Box and Nintendo's Gamecube, both of which will be debuting within the next three weeks. Many people have already decided which system will be getting their holiday dollars, but for those of you still undecided here's a quick rundown on what makes each special.

First out of the gate on November 15 will be the X-Box. This (literally) big competitor will retail for \$300, and games will be around \$50. The X-Box will be \$100 more than the Gamecube, but that extra money will be spent on several features not found in Nintendo's system: a hard drive, CD player capabilities, and built in Ethernet and modem. It will also be able to play DVD movies after the purchase of a \$30 than Nintendo. Almost every genre of game will be covered with the three highest profile being Halo, Munch's Odyssey, and Dead or Alive 3. As for staying power, at the moment the future seems up in the air due to the scarcity of information on upcoming titles. The X-Box is your

choice if you're looking for variety in games and features.

The Gamecube will premiere on November 18. Nintendo is taking the extra time to make sure that there will be plenty of systems to go around on launch day. The 'Cube will cost about \$200 which is less than the X-Box, but will also lack many of the features found on Microsoft's system. It won't play CD's or DVD's and also won't come with a modem, but one will be available later on. The biggest selling point for the Gamecube is the fact that Nintendo makes some of the most recognizable and successful games, period. There is less diversity in their launch lineup, but they do boast some more innovation especially in titles like Pikmin. The highest profile games will be Star Wars: Rogue Squadron, Luigi's Mansion, and Super Smash Bros. Melee. Nintendo has the advantage in the long run with many high caliber games coming out later on in 2002.

So which system is better for you? In the end, it's really up to personal preference. Right now most seem split between the two systems. The best bet for anyone is to go to a local game store and try out the various demos for each system and decide for themselves. I'll see you there while I'm picking up my Gamecube.

Family Weekend: Who needs Family?



Photo By Heather Meyer

Juniors Matt Lux and Jed Thompson met their next of kin, ventriloquist Phil Hughes' velociraptor puppet, during Family Weekend. Since Matt and Jed's family were absent this weekend, the velociraptor took the place of relatives and then tried to bite their hands off.

Domino's Pizza is now hiring:

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...continued from page 2

Peace Corps



Clarke art professor Doug Schleiser leads the parade of the carnival during his years in the Peace Corps.

and Jaime."

Doug would pay Juan and Jaime about twenty American cents to go to the market for him. The money the boys made, the equivalent of one day's work for their father, went to their family, not themselves. Doug says he was touched by the brothers' selflessness.

"Three years after I returned from Peru, *Life* magazine ran a photo of the community center that my Corps built. It was a

building with a low flat roof. Bobby Kennedy was visiting the center. In the picture, Juan and Jaime were on the roof of the center, leaning over the edge holding Bobby Kennedy's hand."

Both Schleiser and LaBudda said one of the best things they gained from their time abroad with the Peace Corps was a totally new view of America. "You realize the wastefulness, laziness and ease of American life," LaBudda said.

...continued from page 1

Cafeteria Survey

everyone". "We need this feedback to be able to deal with their needs", added Anderson.

Apparently students complain a lot, but don't tell the right people, so they can take the necessary steps to change things. "The students don't voluntarily give suggestions unless we ask them", said Ricketts.

"It's like going to McDonalds everyday. Eventually you get tired of it."

Anderson said, "We need the students to tell us what they want, to bring to us new ideas. If you come with a new idea and let us know, we'll see what we can do. Suggestions are measured to see if it's an idea that will be supported by many students". "We once had a food committee composed of students chosen by CSA, but after a while students did not show up for the meetings. We are thinking about giving the idea another chance and see if this time around it works out", added Anderson.

What do students think about all this?

"I like eating in the cafeteria. There is more variety and I really enjoy sitting down and having a nice meal," said Pamela Bassler, freshman from Morton Grove, IL. "The Food Committee sounds like a great idea from Food Services to hear about thoughts and other dishes students come up with for them to offer at lunch and/or dinner". Joseph Gustafson, senior from Monee, IL, said, "I like the cafe-

teria better, since there is more variety and selection. The Crusader Cafe gets old fast since they always have the same stuff. It's like going to McDonald's every day. Eventually you get tired of it. As for the food committee, you might as well give it another shot. You have to start somewhere to make some connection with the students".

Not everybody prefers the cafeteria though. Freshman Justin Kosek, from Monroe, WI says, "I like the Crusader Cafeteria better. It may have a smaller selection of food but it's something you can get quickly and go back quickly to your regular schedule. The food committee seems to be a good idea to get a more direct contact with what the students prefer."

"The Crusader Cafeteria would be my choice, because of the convenience of being able to eat something quickly before or after class or volleyball practice. With a tight schedule at work too, I need to get something quickly before I leave. I don't have enough time to sit down and eat a whole meal", says junior Tyler Albright from Racine, WI.

There you have it! Once again, Food Services demonstrates that they are concerned about student's opinions and ideas. Nothing can be done though if students don't speak what is on their minds, so if you have an idea or opinion for Food Services let them know in a respectful manner and you will be heard and answered. So, speak up, if you want to be heard.

...continued from page 3

...Sisters in prison

trays for meals. Sr. Gwen and Sr. Dorothy make 14 cents an hour and receive two days off a week. Their income comes to less than one dollar a day. Necessities such as shampoo and toothpaste must be purchased at the commissary.

"We weren't allowed to bring anything with us to prison, and buying things at the commissary is pretty expensive, especially since we had those things at home in Dubuque," wrote Sr. Dorothy.

Prison life, instead of slowing down the sisters' quest to bring justice to the world, has given them more conviction. Sr. Gwen and Sr. Dorothy express concern about the length of the sentences of most women at Pekin prison.

"Anybody who has touched drugs has to stay here at least ten years, even though they are soon rehabilitated. And their babies grow up without them," wrote Sr. Dorothy.

Most of the women are sentenced under the conspiracy

law, which convicts women if they know their husband or boyfriend is doing drugs, and don't report them. When the Franciscan sisters see the wrong people being punished, the wheels start to turn as they plan to bring justice to the victims of unfair laws.

The selflessness of these peaceful protesters comes through as they write about the plights of fellow inmates. The spirits of Sr. Gwen and Sr. Dorothy remain bright and strong, fueled by hearts that cannot be hardened by six months in prison.

Sr. Gwen and Sr. Dorothy receive letters every day at Pekin federal prison, and they love hearing from new people. If you are inspired by their story, send a letter to either sister at the following addresses: Sister Gwen Hennessey/90288-020 or Sister Dorothy Marie Hennessey/90287-020

Federal Prison Camp
P.O. Box 6000
Pekin, IL 61555-6000

...continued from page 3

Mom/Mary Ellen

and biking or any other outdoors activity. I enjoy coming to Clarke's sports games and plays and I also like to read. I really love spending time with my family and friends and having some time for myself, some Mary Ellen time. I also LOVE Harry Potter", said Mary Ellen, who can hardly wait for the Harry Potter movie to come out next week.

Mary Ellen sounds like really a great person and your mom away from home, but don't take my word for it, listen to what other students have to say about her.

"There's always a smiling face when you get in or out the door", said Kim Campbell, senior from Dubuque. "She is always there to talk to and she is willing to talk to us students".

Senior Rhonda Schmidt, West Des Moines says, "I think Mary Ellen is perfect at switchboard. She listens to what people want to say and shows true concern for students. Mary Ellen pro-

vides a warm and friendly welcome to Clarke's visitors because of her friendly face and her outgoing personality".

Mary Ellen will not be working switchboard forever though, and even though that is so far away from now, I asked her,

what will she like to do when she decides to hang up that switchboard phone permanently and retire. To this, she simply answered, "I would really like to live by myself on some cabin in the mountains enjoying some peace and quiet".

This seems to be Mary Ellen in a nutshell! She is not only that lady at the front desk that says "Good afternoon Clarke College," but so much more than that. Maybe at the next game or at some play at Clarke

you may see her familiar face cheering or clapping. So, next time you walk around the Atrium, stop by her desk and say "Hi" or just provide her with a smile; you are guaranteed to receive one in return from her.

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Calendar

Saturday, November 10
Dubuque Symphony Orchestra,
Five Flags Center 8 p.m.

Sunday, November 11
"Celebration of Womanhood"
Jansen Music Hall 7:30 p.m.
Movie: *Enemy at the Gates*,
Gallagher Lounge 8 p.m.

Tuesday, November 13
Diane Delin Jazz Violinist,
Jansen Music Hall 7:30 p.m.

Thursday, November 15
"The Cocktail Hour" begins,
Terence Donaghoe Hall 8 p.m.

Sunday, November 18
Clarke Wind Ensemble, Jansen
Music Hall 3 p.m.

...Continued from page 7
Sept. 11

By Kelcey Dillon
Staff Writer

War era, and there are doubts as to whether or not it will work in this new situation.

"It (Desert Storm) was quick and it was over and, of course, this is a big mistake that many Americans believe it will be the same in Afghanistan," said Biggin.

We are fighting a war that is completely unprecedented in our history. We are fighting an enemy, terrorism, that has been largely ignored and we don't have any previous encounters to look to for guidance. America is growing and learning to accept the world.

Biggin said, "I think... that the United States will never be the same. We've known that terrorism is out there... but haven't really done anything about it until now. I don't think we really know the long range consequences (social and psychological) of this war, yet."

When students were asked about the fact that they were living history they had many varied opinions. Some find it to be time of worry while some don't really think of it much. Freshman chemistry major, Chris Salutric, said, "I'm not really living history, right now. The people involved in the war are. I'm just an innocent bystander."

Colleen Reichling, a sophomore education major, had this to say, "The thing that worries me the most is you don't feel comfortable. You think it's just in big areas or big cities, but it could happen anywhere. It affects almost everyone in some way."

Finally, there are the students who look at it with a more historical perspective. Ai Sato, a junior music major, said, "Sometimes I remember the days I am living are history and will be in textbooks so I need to remember how I feel about everything."

CLARKE COLLEGE

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DECEMBER 7, 2000

Tri-College

Saturday night at the University of Dubuque Kwanzaa, African holiday, was celebrated with a feast, candle lighting, reading, and singing. Cammie Biggin, director of Clarke's Multicultural Student Services, coordinated the celebration of Kwanzaa. Several students from U.D., Loras, and Clarke participated.

Kwanzaa, which was established in 1966 by Maulana Karenga, was created to reaffirm and restore African Heritage and culture. Kwanzaa observes seven principles called Nguzo Saba, which have become African American value system. Seven principles are Umoja (Unity), Kujichagulia (Self-determination), Ujima (Collective Work and Responsibility), Ujamaa (Cooperative Economics),

Philosophy

By Tyler Stoffel
Staff Writer

A new class will be offered in the philosophy department. The course content will be the Sisters of Charity of the Mary, and the core philosophy of the order.

Philosophy professor Norm F. BVM, will instruct the course. "The course grew out of my research," said Freud. During his sabbatical last year, Freud's research on the BVM's led him to the core philosophical values of the order.

"I had hoped to use this research to demonstrate the BVM's value of education, the values of the BVM order are freedom, justice, and equality. These values are what's inside."

WHAT'S
INSIDE